



# EDUCATIONAL PROGRAM 2025

## REPORT

The International Kempo Federation (IKF), World Governing body for sport Kempo, 237 ter, Avenue Sainte Marguerite 06200-Nice, France, Registration number - 0062027610, hereby submits our 2025 report of all activity on anti-doping, integrity, match-fixing in sport.

IKF is the federation that oversees the Kempo/Kenpo modality, a martial sport with high moral and ethical values that has been verified in all sporting events over the last 20 years. But with growth comes responsibility and as decided in the General Assembly of 2024, actions needed to be taken to improve compliance in all active federations and connected organisations.

The Board of Directors and Commissions have assisted and overseen over 100 actions going on 89 countries in 5 continents, making an excellent result and balance. According to good practices, the programmes on anti-doping, integrity and match fixing were prepared according to retrieved information from WADA, National Olympic Committees and National Anti-Doping Organizations.

Anti-Doping Programs:

### **Education and Core Principles**

- 1- World Anti-Doping Code & Regulations: Understanding the rules and national anti-doping organisations.
- 2- Principle of Strict Liability: The foundational rule that athletes are solely responsible for any prohibited substance found in their sample, regardless of intent.
- 3- Values-Based Education: Promoting ethics, fair play, and the "spirit of sport".
- 4- Anti-Doping Rule Violations: Education on the 11 specific violations and the Prohibited List.
- 5- Substance Education: Information on specific categories and types of doping.
- 6- Medical and Nutritional Safety: Therapeutic Use Exemptions: The process for obtaining permission to use a necessary, but prohibited, medication.



## EDUCATIONAL PROGRAM 2025

- 7- Supplement Safety: Awareness of risks, including contamination, improper labelling, and the need for third-party batch testing.
- 8- Medication Checking: Tools for verifying if prescription drugs are safe to use.
- 9- Health and Psychological Consequences: Physical Risks, Psychological Effects and Long-term Health Impairment.
- 10- Athlete Rights and Procedures.
- 11- Doping Control Process: Education on notification, testing procedures, sample collection (urine/blood), and sealing.
- 12- Athlete Rights: Right to justice, data protection, and fair treatment during testing.
- 13- Responsibilities and Specialised Sectors
- 14- Investigative and Preventive Measures

### **Integrity**

Very much connected with Ethics and Fair Play programme, similar information was used to create identification and compliance.

- 1- Defining Core Values: Encouraging individuals to articulate and act upon personal and professional ethical principles.
- 2- Ethical Decision-Making: Guiding staff to make just and fair decisions when faced with challenging scenarios.
- 3- Risk Mitigation: Training employees to recognise and prevent actions that constitute breaches, such as fraud, conflicts of interest, or misuse of information.
- 4- Compliance and Reporting: Providing clear procedures for reporting suspected violations without fear of retaliation.

### **Match-fixing**

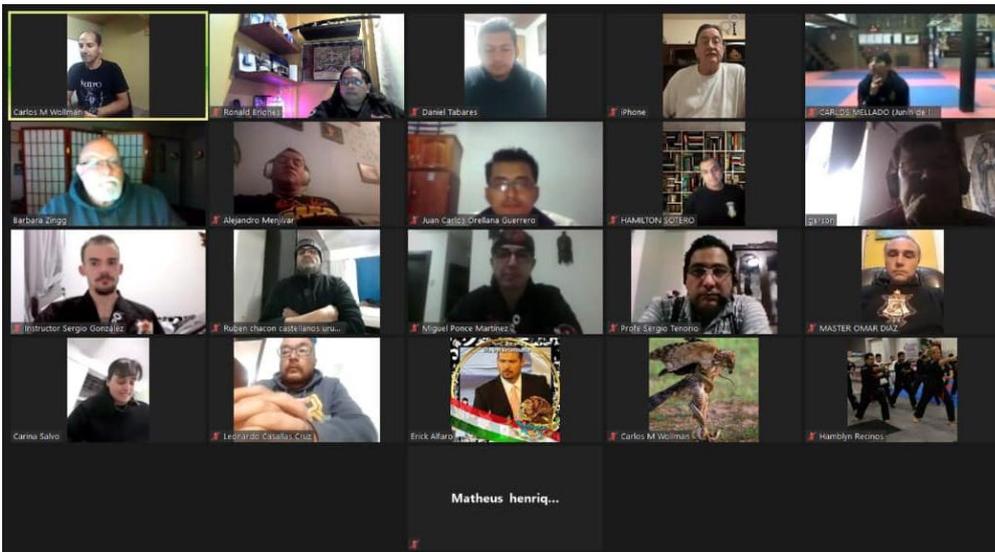
Although the problem has never been approached in Kempo, the educational training programme and workshops were designed to explain how to detect, prevent and report the manipulation of sports results.

- 1) Target Audience: Training is essential for players, coaches, managers, referees, and sports journalists, who are often targeted by fixers.



## EDUCATIONAL PROGRAM 2025

- 2) Identification: Recognising approaches, suspicious behaviour and warning signs of manipulation.
- 3) Prevention: Understanding the risks, consequences, and legal, ethical, and disciplinary frameworks.
- 4) Reporting: Utilising mechanisms like hotlines, ombudsman offices, and apps to report suspicious activities.
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1) American Continent Webinar 2025



2) South America Schools Awareness Session 2025



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3) Asian Continent Education Programs: Doping, Integrity and Match Fixing



4) Portugal Advance Education Program & IPDJ, IP: Spain, Chekia, Slovakia, Slovenia, England and Italy - Doping, Integrity and Match Fixing



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5, 6, 7) Education Programs: Ethics, Doping, Integrity and Match Fixing



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8) WKC 2025 – Referee Education on Ethics, Integrity and Match Fixing



9) WKC 2025 – Athletes Education on Anti-Doping at the day on anti-doping testings



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10 to 14) Different actions on Education - Ethics, Doping, Integrity and Match Fixing