



# Sustainability Report 2025

## International Kempo Federation

### Sport Sustainability, Governance & Anti-Doping Report

Report presented at Extraordinary General Assembly of 18 December of 2025

#### 1. Introduction

The **International Kempo Federation (IKF)** is the international governing body responsible for the regulation, standardization, and development of Kempo as an organized combat sport.

This report presents IKF's approach to **sport sustainability, athlete-centered development, good governance, integrity, and anti-doping compliance**, in line with internationally recognized principles of the Olympic Movement and the international sports federation framework.

#### 2. Understanding Sustainability in International Sport

IKF defines sustainability as the **long-term capacity of the sport to be governed transparently, practiced safely, and developed consistently at international level.**

Sport sustainability is based on:

- stable and democratic governance,
- standardized rules and competition systems,
- protection of athletes and integrity of competitions,
- continuity across generations and geographical regions.

#### 3. Governance and Institutional Framework

##### 3.1 Governance Structure

- Statutes clearly defining roles, responsibilities, and decision-making authority.
- Democratic representation of affiliated national federations.
- Separation between regulatory, executive, and disciplinary functions.

##### 3.2 Transparency and Accountability

- Public availability of competition rules and technical regulations.
- Formal procedures for affiliation, recognition, and disciplinary matters.
- Accountability of elected officials acting exclusively in the interest of the sport.

#### 4. Standardization of the Sport

##### 4.1 Unified Competition Rules

- Uniform technical and competition rules applied at all IKF-sanctioned events.
- Standardized age categories, weight divisions, and competition formats.
- Continuous review of rules to enhance safety, fairness, and clarity.





# Sustainability Report 2025

## 4.2 Officials and Refereeing

- Defined qualification and certification criteria for referees and officials.
- Education systems ensuring consistent application of rules.
- Commitment to impartial officiating and fair competition.

## 5. Athlete-Centered Sport Development

### 5.1 Athlete Safety and Welfare

- Rules prioritizing athlete health and safety.
- Emphasis on medical preparedness and safe competition environments.
- Clear disciplinary mechanisms related to athlete protection.

### 5.2 Fair Play and Equal Opportunity

- Equal access to competition regardless of gender, nationality, or background.
- Non-discrimination principles embedded in regulations.
- Promotion of ethical conduct among athletes, coaches, and officials.

### 5.3 Education Through Sport

- Promotion of core sporting values: respect, discipline, integrity, and excellence.
- Educational programs for athletes, coaches, and referees.
- Recognition of Kempo as both a competitive discipline and an educational sport.

## 6. International Competition System

- Structured and predictable international competition calendar.
- Clear sanctioning procedures for international events.
- Support for national federations hosting competitions aligned with international standards.

## 7. Digitalization and Administrative Integrity

- Digital systems for athlete registration, competition management, and results.
- Improved transparency, traceability, and data integrity.
- Reduction of administrative barriers for athletes and federations.
- Digitalization supports **institutional continuity and governance efficiency**.

## 8. Anti-Doping Policy and Compliance

IKF is committed to protecting clean athletes and the integrity of sport.

### 8.1 Recognition of the World Anti-Doping Framework

- IKF recognizes and supports the **World Anti-Doping Code** and its **International Standards**.
- Anti-doping principles are integrated into IKF regulations and competition rules.





# Sustainability Report 2025

## 8.2 Responsibilities and Cooperation

- National federations are responsible for anti-doping activities in cooperation with their respective National Anti-Doping Organizations (NADOs).
- IKF cooperates with relevant anti-doping authorities in international competitions, within its jurisdiction.

## 8.3 Education and Prevention

- Promotion of anti-doping education for athletes, coaches, and officials.
- Awareness programs focused on prevention, prohibited substances, and athlete rights and responsibilities.

## 8.4 Results Management and Disciplinary Procedures

- Disciplinary procedures respect due process and the right to a fair hearing.
- Recognition of decisions issued by competent anti-doping authorities.
- Commitment to transparency and consistency in sanctions.

## 9. Environmental Responsibility in Sporting Activities

IKF integrates environmental responsibility in a **proportionate and sport-relevant manner**, including:

- Promotion of digital communication and reduced paper use.
- Encouragement of responsible event organization practices.
- Awareness-building among organizers and participants.

Environmental responsibility is pursued without compromising sporting standards.

## 10. International Cooperation and Stakeholder Engagement

IKF cooperates with:

- Affiliated national federations,
- Athletes, coaches, referees, and officials,
- International sport and integrity partners.
- Open dialogue supports harmonized global sport development.

## 11. Future Commitments

IKF commits to:

- Strengthening governance and regulatory frameworks.
- Enhancing athlete protection and education systems.
- Further standardizing competitions internationally.
- Maintaining alignment with international sport and anti-doping standards.





# Sustainability Report 2025

## 12. Conclusion

The International Kempo Federation views sustainability as the **responsible stewardship of the sport**. Through transparent governance, standardized competition systems, athlete-centered policies, and commitment to clean sport, IKF aims to ensure the long-term credibility and development of Kempo within the international sports community.

### REFERENCES:

Daedo Uniforms - Eco-friendly Clothing



CCI - Eco-friendly Clothing, World Championships & Continental Championships



ODM Medals – Eco-Friendly - high recyclability of metal and ribbon





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NTC Recycled – Eco-Friendly - high recyclability bags



NTC Recycled – Eco-Friendly - high recyclability paper

